






	<p>Hangover, Grazed Knee Sore Throat</p>	<p><b>Treat Yourself!</b></p>
	<p>Cough, Earache, Headache Runny Nose, Diarrhoea Emergency Contraception Quit Smoking</p>	<p><b>Ask Your Pharmacist</b> Pharmacists are trained experts in using medicines safely</p>
	<p>Itches, Sprains Minor Cuts/Injuries Persistent Coughs Colds Persistent Infections</p>	<p><b>See our Minor Illness Nurse</b> The Minor Illness Clinic 5 days per week (extra clinics Dec-Apr)</p>
	<p>Suspected Urine Infections</p>	<p><b>No appointment needed</b> Bring a sample to the surgery for testing. A member of our nursing team will contact you.</p>
	<p>Medication Queries Medical Updates &amp; Reviews  When all 'on the day' emergency appointments are gone</p>	<p><b>Discuss with your GP</b> Book an advanced telephone consultation with your GP for updates and reviews</p> <p><b>Discuss with a GP</b> A telephone triage consultation in the first instance with your GP, or the Duty GP</p>
	<p>Over 18s For <u>New</u> GP Medical Consultations / Concerns</p>	<p><b>E-Consult</b> Online GP consultation (response by 6pm the following working day) <a href="http://www.richmondsurgeryfleet.com">www.richmondsurgeryfleet.com</a></p>
	<p><b>OUT OF HOURS</b> Unwell Worried, Uncertain Need advice</p>	<p><b>RING 111</b> NHS Direct</p>
	<p>Black outs, Blood Loss Choking, Chest Pain Life Threatening Emergency</p>	<p><b>Ring 999</b> or <b>Go to A &amp; E</b></p>
<p><b>Fleet Locality Extended Access</b> For routine GP and Nurse appts outside of core hours. See our website for more info or ask reception.</p>		