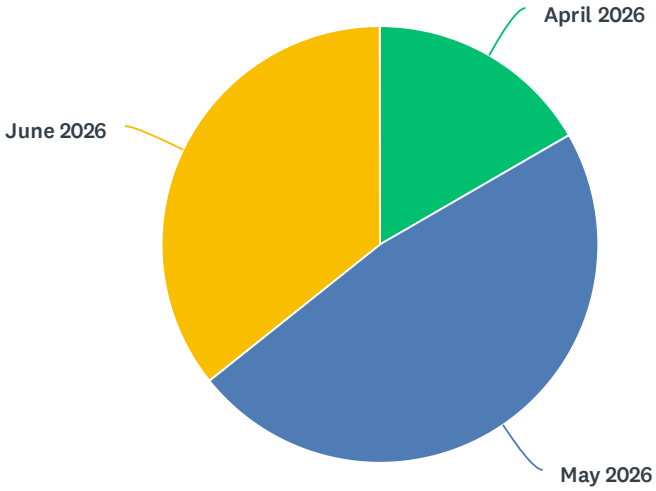
Q1 42 responses

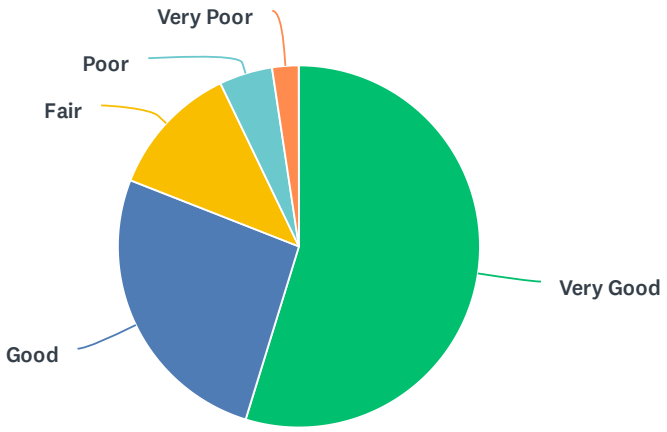
When did you attend for your recent NHS Health Check?



Answer Choices	Percentage	Responses
April 2026	16.67%	7
May 2026	47.62%	20
June 2026	35.71%	15
Total		**42**

Q2 42 responses

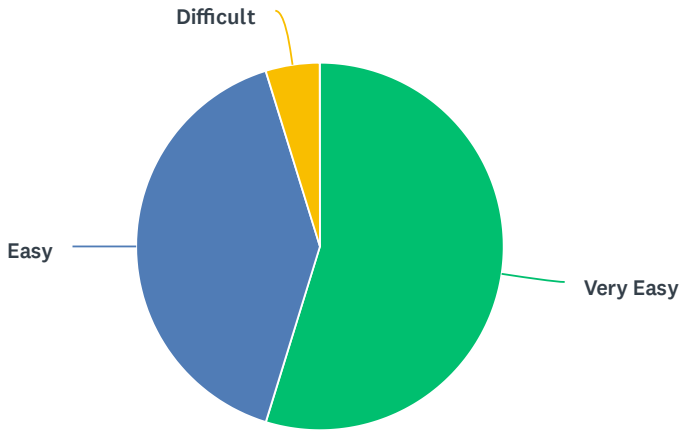
What was your overall experience of your NHS Health Check appointment?



Answer Choices	Percentage	Responses
Very Good	54.76%	23
Good	26.19%	11
Fair	11.90%	5
Poor	4.76%	2
Very Poor	2.38%	1
Total		**42**

Q3 42 responses

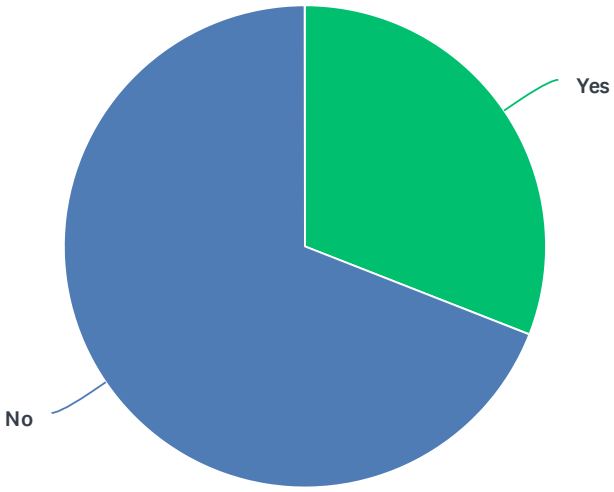
How easy was it to book your NHS Health Check appointment?



Answer Choices	Percentage	Responses
Very Easy	54.76%	23
Easy	40.48%	17
Difficult	4.76%	2
Very difficult	0%	0
Total		**42**

Q4 42 responses

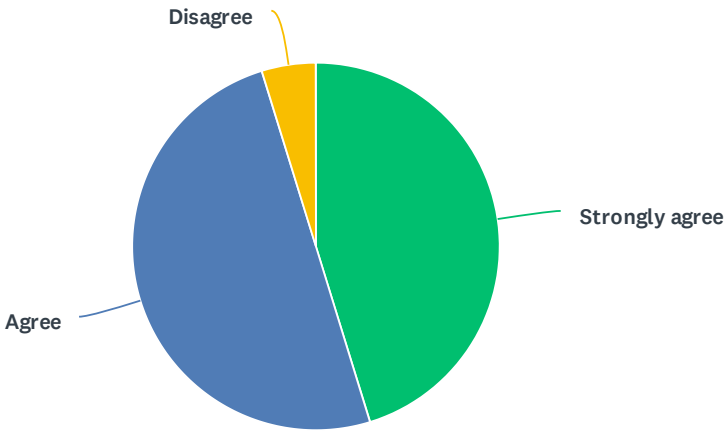
Were you offered an NHS Health Check during 'Extended Hours' (1830 to 2000 Mondays to Fridays and/or between 0900 and 1200 on available Saturdays)?



Answer Choices	Percentage	Responses
Yes	30.95%	13
No	69.05%	29
Total		**42**

Q5 42 responses

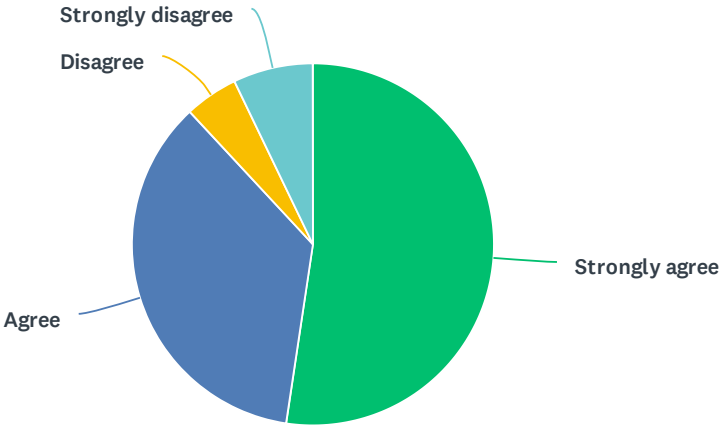
My NHS Health Check was offered at a time convenient to me.



Answer Choices	Percentage	Responses
Strongly agree	45.24%	19
Agree	50.00%	21
Disagree	4.76%	2
Strongly disagree	0%	0
Total		**42**

Q6 42 responses

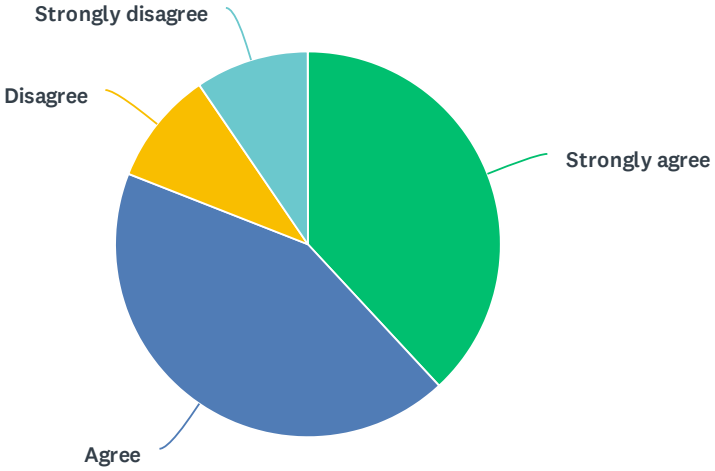
During my NHS Health Check, I had the opportunity to ask questions and discuss my results.



Answer Choices	Percentage	Responses
Strongly agree	52.38%	22
Agree	35.71%	15
Disagree	4.76%	2
Strongly disagree	7.14%	3
Total		**42**

Q7 42 responses

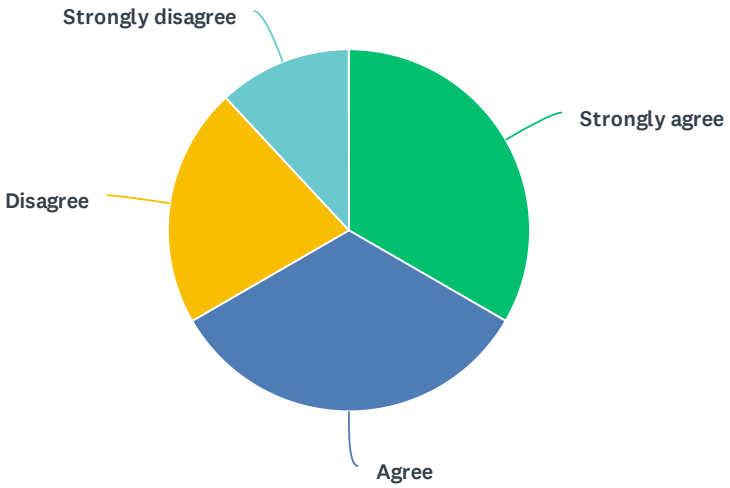
My NHS Health Check helped me to understand the behaviour changes I can make to reduce my risk of cardiovascular disease (heart disease) and access local programmes/services e.g. weight management, alcohol, smoking cessation.



Answer Choices	Percentage	Responses
Strongly agree	38.10%	16
Agree	42.86%	18
Disagree	9.52%	4
Strongly disagree	9.52%	4
Total		**42**

Q8 42 responses

My NHS Health Check helped me understand about how I can reduce my risk of dementia, slow its progression, identify signs/symptoms, and about support services.



Answer Choices	Percentage	Responses
Strongly agree	33.33%	14
Agree	33.33%	14
Disagree	21.43%	9
Strongly disagree	11.90%	5
Total		**42**